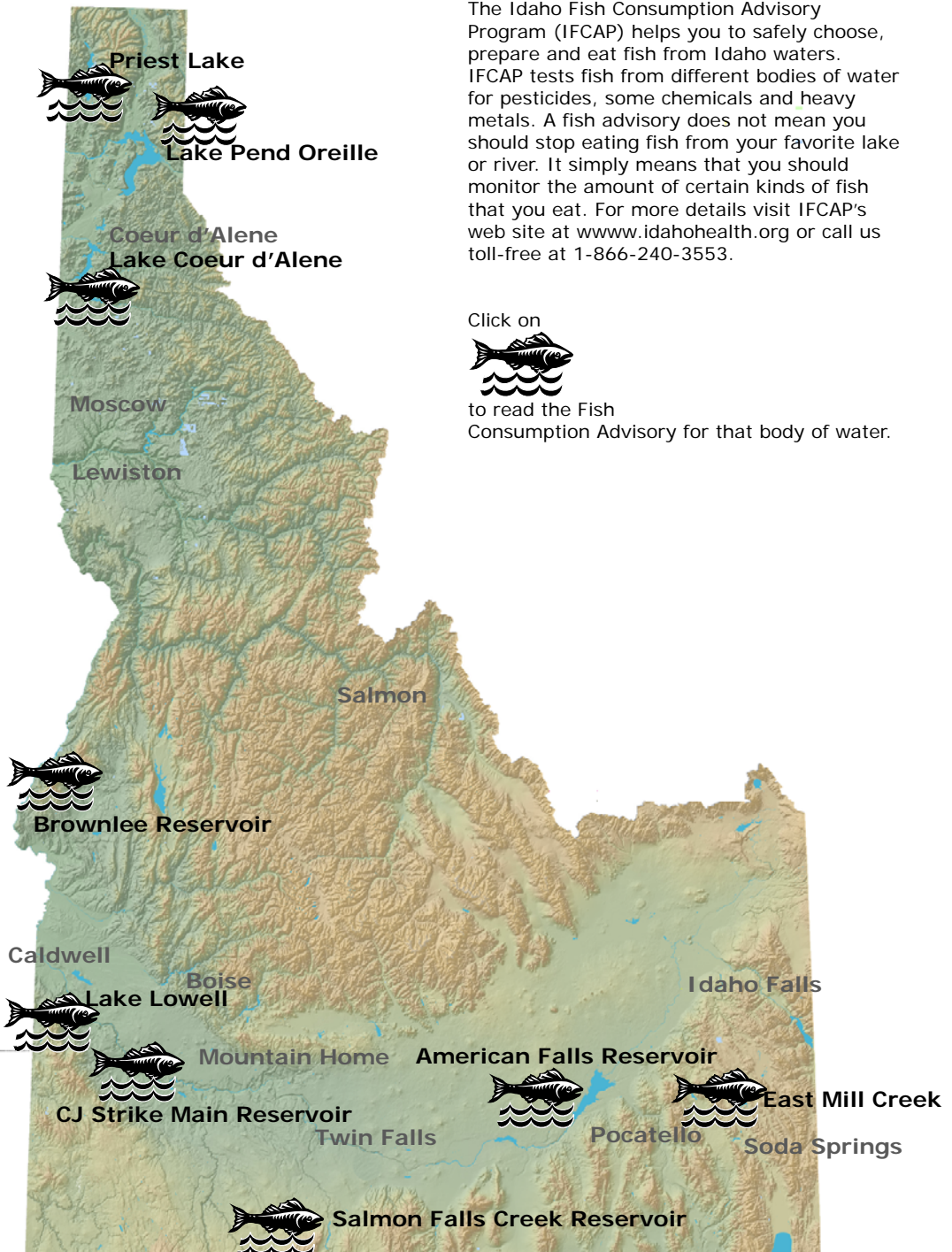


The Idaho Fish Consumption Advisory Program (IFCAP) helps you to safely choose, prepare and eat fish from Idaho waters. IFCAP tests fish from different bodies of water for pesticides, some chemicals and heavy metals. A fish advisory does not mean you should stop eating fish from your favorite lake or river. It simply means that you should monitor the amount of certain kinds of fish that you eat. For more details visit IFCAP's web site at [www.idahohealth.org](http://www.idahohealth.org) or call us toll-free at 1-866-240-3553.

Click on



to read the Fish Consumption Advisory for that body of water.



IDAHO DEPARTMENT OF  
**HEALTH & WELFARE**

Idaho Fish Consumption Advisory Program  
P.o. Box 83720  
Boise, ID 83720-0036  
(208) 332-7328

Women who are pregnant, nursing or planning to become pregnant

Children under the age of 7 years

General public (people not in the first two groups)

## Do NOT eat more than:

### Brownlee Reservoir



crappie



carp



perch



smallmouth bass

2 meals a month of crappie, carp, smallmouth bass, or perch.

3 meals a month of catfish

6 meals a month of rainbow trout



catfish

1 meal a month of crappie, carp, smallmouth bass, or perch.

2 meals a month of catfish

3 meals a month of rainbow trout

5 meals a month of sucker



rainbow trout

6 meals a month of smallmouth bass

7 meals a month of crappie or perch.

8 meals a month of carp



sucker

Click to go  
back to main  
map



**General public  
(people not in the first  
two groups)**



**General public  
(people not in the first  
two groups)**



Women who are pregnant, nursing or planning to become pregnant

Children under the age of 7 years

General public (people not in the first two groups)

## Do NOT eat more than:

### East Mill Creek

No consumption restrictions



cutthroat

6 meals a month of Yellowstone cutthroat and brook trout.



brook trout

No consumption restrictions

Click to go back to main map



Women who are pregnant, nursing or planning to become pregnant

Children under the age of 7 years

General public (people not in the first two groups)

## Do NOT eat more than:

### Lake Lowell



sucker



carp

3 meals a month of sucker  
4 meals a month of carp  
5 meals a month of small-mouth bass



smallmouth bass

2 meals a month of sucker or carp

3 meals a month of small-mouth bass

5 meals a month of large-mouth bass

7 meals a month of bluegill

No consumption restrictions



largemouth bass

Click to go  
back to main  
map



Women who are pregnant, nursing or planning to become pregnant

Children under the age of 7 years

General public (people not in the first two groups)

## Do NOT eat more than:

### Lake Pend Oreille



lake trout



whitefish

2 meals a month of Lake trout

4 meals a month of Whitefish.

1 meal a month of Lake trout  
2 meals a month of Whitefish.

8 meals a month of Lake trout

Click to go  
back to main  
map





Women who are pregnant, nursing or planning to become pregnant

Children under the age of 7 years

General public (people not in the first two groups)

## Do NOT eat more than:

### Priest Lake



lake trout

4 meals a month of Lake trout

2 meals a month of Lake trout

No consumption restrictions

Click to go  
back to main  
map





Women who are pregnant, nursing or planning to become pregnant	Children under the age of 7 years	General public (people not in the first two groups)
--	-----------------------------------	---

Women who are pregnant, nursing or planning to become pregnant	Children under the age of 7 years	General public (people not in the first two groups)
--	-----------------------------------	---

Women who are pregnant, nursing or planning to become pregnant	Children under the age of 7 years	General public (people not in the first two groups)
--	-----------------------------------	---



**Do NOT eat more than:**



# Salmon Falls Creek Reservoir



walleye

perch

2 meals a month of walleye, smallmouth bass, or perch	1 meal a month of walleye, smallmouth bass, or perch.
4 meals a month of kokanee	3 meals a month of kokanee
 <p>kokanee</p>	<p>8 meals a month of rainbow trout</p>  <p>rainbow trout</p>

2 meals a month of walleye, smallmouth bass, or perch	1 meal a month of walleye, smallmouth bass, or perch.
4 meals a month of kokanee	3 meals a month of kokanee
 <p>kokanee</p>	<p>8 meals a month of rainbow trout</p>  <p>rainbow trout</p>

1 meal a month of walleye,  
smallmouth bass, or perch.

3 meals a month of  
kokanee

8 meals a month of rainbow  
trout

rainbo

1 meal a month of walleye,  
smallmouth bass, or perch.

3 meals a month of  
kokanee

8 meals a month of rainbow  
trout

rainbo

1 meal a month of walleye,  
smallmouth bass, or perch.


3 meals a month of  
kokanee

8 meals a month of rainbow  
trout

rainbo

6 meals a month of walleye or bass.


8 meals a month of perch.



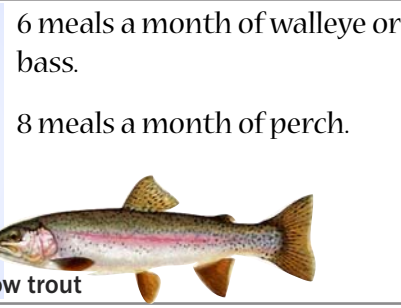
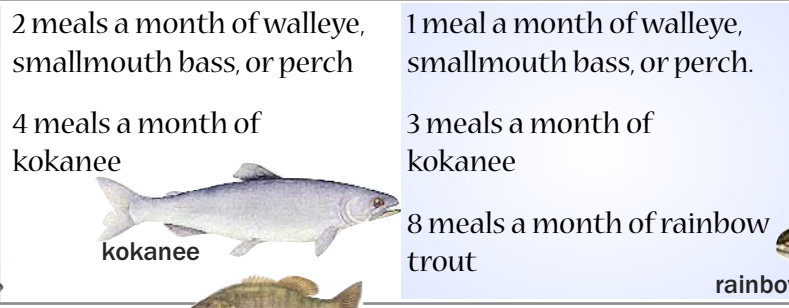
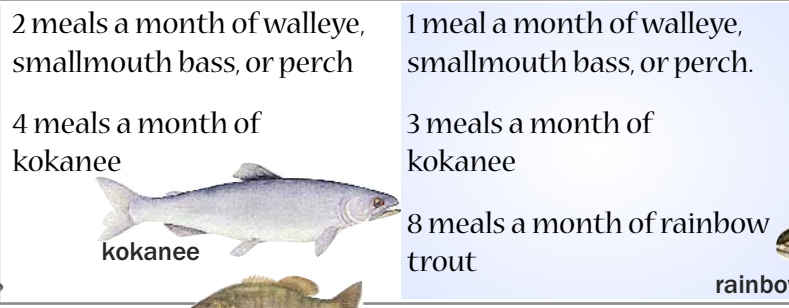
low trout

6 meals a month of walleye or bass.

8 meals a month of perch.



low trout






**Click to go  
back to main  
map**



# Idaho Fish Consumption Advisory for Lake Coeur d'Alene

Fish samples taken from the lake in 2002 detected lead, mercury, and arsenic at levels that may affect certain people's health. Pregnant women, breastfeeding mothers, children under 6-years-old and members of the general public are advised to limit the number of kokanee, bullhead, and bass they eat from Lake Coeur d'Alene.

In a month, you should eat no more than 8 ounce portions of:

Fish	General Population	Pregnant & Nursing Women	Children 6 Years Old and Younger
<b>KOKANEE</b> 	12 gutted whole fish meals 20 fillet meals	10 gutted whole fish or fillet meals	6 gutted whole fish or fillet meals
<b>BULLHEAD*</b> 	<i>All people are advised to eat Bullhead fillets rather than gutted, whole fish.</i>		
<b>Northern Lake</b>	20 gutted whole fish meals or 69 fillet meals	4 gutted whole fish meals or 24 fillet meals	3 gutted whole fish meals or 14 fillet meals
<b>Central Lake</b>	8 gutted whole fish meals or 14 fillet meals	2 gutted whole fish meals or 13 fillet meals	No gutted whole fish meals or 7 fillet meals
<b>Southern Lake</b>	33 gutted whole fish meals or 61 fillet meals	13 gutted whole fish meals or 15 fillet meals	8 gutted whole fish meals or 9 fillet meals
<b>BASS</b> 			
<b>Northern Lake</b>	13 gutted whole fish meals or 26 fillet meals	5 gutted whole fish meals or 5 fillet meals	3 gutted whole fish meals or 3 fillet meals
<b>Central Lake</b>	15 gutted whole fish meals or 26 fillet meals	6 gutted whole fish meals or 5 fillet meals	3 gutted whole fish meals or 3 fillet meals
<b>Southern Lake</b>	11 gutted whole fish meals or 26 fillet meals	9 gutted whole fish meals or 5 fillet meals	5 gutted whole fish meals or 3 fillet meals

\*People with increased blood lead levels or living in an area with high concentrations of lead in their yard soil or house dust should eat less whole Bullhead than suggested in this advisory. **This is especially true for children and pregnant women.**

## Other Fish

Not all fish from the lake were sampled and tested for metals. Bass, kokanee and bullhead are similar to many fish found in the lake. It is possible that other species of fish in Lake Coeur d'Alene have higher levels of arsenic, lead and mercury. The following table lists other types of fish found in the lake that are similar to the fish that were sampled. The same fish consumption guidelines should be followed for these fish.

	Bass	Kokanee	Bullhead
<b>Species similar in behavior to those tested</b>	Largemouth and Smallmouth Bass, Northern Pike, Chinook Salmon, Large (over 8 inches) Crappie and Perch, Northern Pikeminnow	Bluegill, Small (less than 8 inches) Crappie and Perch, Pumpkinseed, Rainbow Trout, Brook Trout, Cutthroat Trout, Tench	Channel Catfish and Suckers.

The Idaho Fish Consumption Advisory divides Lake Coeur d'Alene into the following three regions:



**Idaho Fish Consumption Advisory Program**  
Environmental Health Education and Assessment  
Idaho Division of Health  
450 W. State Street  
Boise, ID 83702

[bceh@idhw.state.id.us](mailto:bceh@idhw.state.id.us)

Toll-Free: 1-866-240-3553

(208) 332-7328